



Malaria Handshake

Before the activity begins, select one person and secretly sprinkle glitter in their hand. Split the group in two and make some clear indicator between the two groups (for example, one group could wear nametags and the other group could not wear nametags). However, you divide them, the group with the person with glitter is group A, the other is group B. Give the groups one minute to shake hands (silently) with members from the opposite group.

After one minute, have everyone sit down and check their hands. Anyone with glitter on their hands should stand back up. Explain that the glitter represents the malaria parasite. Everyone with glitter on their hands is now infected with malaria. People in group A represent mosquitos who can transmit malaria, people in group B are people with the malaria parasite. When the activity began, only one 'mosquito' had malaria and now it has spread to all these other people.

Processing the activity:

Ask the group "How can we stop or slow the spread of malaria? What would have happened if the first 'mosquito' had been unable to shake hands with anyone?" Explain how mosquito nets help keep mosquitos from biting people and thus passing the disease around.

**Suitable for :
All Sections**

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